



Summer Lunch Menu

Namaaste Kitchen introduces a range of seasonal dishes for its new summer menu

Namaaste Kitchen, a contemporary Indian restaurant in London's Primrose Hill, is proud to be launching a new summer Lunch menu, including a selection of lighter dishes featuring a host of seasonal ingredients.

Lunch times can be quick or as slow and lingering as you would like it to be. If you are in a hurry we have our **Express Tiffin Menu** available.

Your Tiffin meal will arrive on your table or to go within 15 minutes.

The new menu puts the spotlight on a range of fragrant, aromatic dishes from across the subcontinent designed to show off the lighter side of the region's cuisine, such as Dahi Puri (puffed hollow savoury filled with chickpeas, chilled yoghurt and tamarind chutney), a cooling street-food starter ideally suited to a warm summer evening or a Chilled Mango & Coriander Soup.

Other new dishes include Coriander Lime Chicken Tikka (served with tossed asparagus), Pan-Seared, other dishes are,

Kerala Spiced tossed seasonal vegetable with Couscous, Tandoori Chicken Tikka Wrap served with rocket & yogurt and mint dressing.

Desserts are Summer Berries & mango kulfi.

"These new dishes are designed to show there is more to Indian cooking than warming comfort food," says

Innovative chef-patron Sabir Karim. "I've worked hard using the finest seasonal produce to create a selection of new dishes that are perfect for our guests to enjoy over the summer months."

1 Main Course £8.50

2 Course Meal £10.00

3 Course Meal £ 12.50

STARTERS (to choose from)

Spiced Alphonso Mango & Ginger Soup

Chilled Mango & Coriander Soup

Cucumber Pomegranate Chat

Dahi Puri (puffed hollow savoury filled with chickpeas, chilled yoghurt and tamarind chutney.

Malai Tikka

Samosa Chat

MAIN COURSE

(To Choose From)

Kerala Spiced tossed seasonal vegetable with Couscous

Crispy Squid with fried rice

Tandoori Salmon Tikka

Served with rocket & mango salad with a chilli lime dressing.

Tandoori Chicken Tikka Wrap

Served with rocket & yogurt and mint dressing.

Or Any of the Curries

Served with Naan or rice & Tarka Daal

Murgh Makhanwala

*All Main Courses are served with Lentils & Tandoori Bread or Rice

Rogan Josh (chicken or Lamb),

Chicken Bhuna,

Kadai Paneer (V),

Dal Makhani (V).

Desserts

Coconut Ice Cream or Sorbet

Navaratan Non Veg Thali £7.95

Vegetarian Thali £7.50

Express Tiffin Meal £7.50

* served with Lentils & Rice

Tiffin - Chicken, Lamb, Vegetable or Fish

Lunch times can be quick and easy or as slow and lingering as you want them to be. If you are in a hurry we have our Express Tiffin Menu available.

Your Tiffin meal will arrive on your table within 15 minutes.

|